

## Training program: level B1

Acquire level B1 according to the European Framework of Reference for Languages:

*"The user can understand the main points when clear standard language is used and when familiar with work, school, leisure, etc. Can deal with most situations likely to arise whilst travelling in an area where the target language is spoken. Can produce simple connected text on topics which are familiar or of personal interest. Can recount an event, experience or dream, describe a hope or goal and briefly give reasons or explanations for a project or idea."*

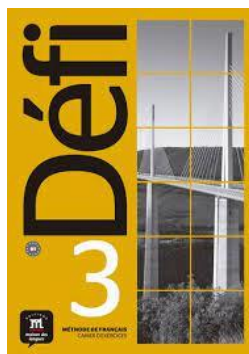
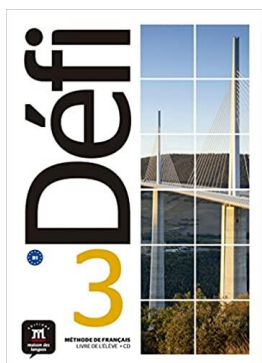
Obtaining the B1 level requires 120 to 150 hours of training and individual practice: homework and practice of the language in everyday life.

According to the Common European Framework of Reference for Languages, at the end of a B1 level course, the learner has acquired the following skills

UNDERSTAND		SPEAK		WRITE
Listen to	Read	Take part in a conversation	Express oneself orally in a continuous manner	Write
I can understand the main points of clear standard speech on familiar matters concerning work, school, leisure, etc. I can understand the main points of many radio and TV programs on current affairs or topics of personal or professional interest when spoken in a relatively slow and distinct manner.	I can understand texts written mainly in everyday or work-related language. I can understand descriptions of events, expressions of feelings and wishes in personal letters.	I can deal with most situations likely to arise whilst travelling in an area where the language is spoken. I can take part without preparation in a conversation on familiar topics or topics of personal interest or everyday life (e.g. family, hobbies, work, travel and current events).	I can express myself in a simple way to describe experiences and events, dreams, hopes or goals. I can briefly give reasons and explanations for my opinions or plans. I can tell a story or the plot of a book or film and express my reactions.	I can write simple, coherent text on topics that are familiar or of personal interest. I can write personal letters describing experiences and impressions.

In order to acquire these skills, the training program is broken down as follows, following the manual chosen by the Alliance Française de Lille: Défi 3 from the Editions Maisons des Langues: <https://www.emdl.fr/fle/catalogue/adultes/defi>.

For reasons of pedagogical coherence with the public of the Alliance Française de Lille, the pedagogical team has decided not to always approach the files of the manual in the same order.



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	<b>Duration</b>	<b>Grammatical content</b>	<b>Lexical content</b>
<b>Unit 1</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- Talking about your plans / the future simple tense (reminder)</li> <li>- Possessive pronouns</li> <li>- Expressing opposition</li> <li>- Alternating past tense/ imperfect tense</li> <li>- Agreement Past Participle with have</li> </ul>	<ul style="list-style-type: none"> <li>- Wishes and projects</li> <li>- The professional career</li> <li>- Expressing dissatisfaction</li> <li>- The space travel, the comic</li> <li>- Memories, emotions and feelings</li> <li>- The family, the ancestors</li> </ul>
<b>Unit 4</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- Expressing posteriority and anteriority</li> <li>- The past perfect</li> <li>- Expressing simultaneity</li> <li>- The pronoun whose</li> <li>- The present participle</li> </ul>	<ul style="list-style-type: none"> <li>- Cinema, theater, success, awards</li> <li>- Expressions with make and take</li> <li>- The artistic career</li> <li>- Performing Arts</li> <li>- Words to describe a show</li> <li>- Body positions and movements</li> </ul>
<b>Unit 2</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- COD and COI pronouns</li> <li>- The pronouns en and y</li> <li>- Tonic pronouns</li> <li>- Express obligation, necessity with it must / it must not</li> <li>- The present subjunctive</li> </ul>	<ul style="list-style-type: none"> <li>- The transmission</li> <li>- The characteristics of the tales</li> <li>- Temporal indicators</li> <li>- Traditions and modernity</li> <li>- Cultural codes</li> </ul>
<b>Unit 3</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- Compound relative pronouns</li> <li>- Opinion verbs with the indicative and subjunctive</li> <li>- Indefinites</li> <li>- The imaginary hypothesis with if + imperfect and conditional</li> </ul>	<ul style="list-style-type: none"> <li>- Languages and words of foreign origin</li> <li>- Passions and interests</li> <li>- The usefulness and use of a language</li> <li>- The characteristics and richness of the language</li> <li>- Language and communication</li> </ul>
<b>Unit 5</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- Expressing the concession</li> <li>- Indefinite pronouns</li> <li>- Expressing the goal</li> <li>- Expressing an opinion</li> <li>- The past subjunctive</li> </ul>	<ul style="list-style-type: none"> <li>- The applications</li> <li>- Internet and the web</li> <li>- Selfies</li> <li>- Internet</li> <li>- Expressing surprise</li> <li>- Citizen commitment to defend a cause</li> </ul>
<b>Unit 7</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- Express the condition</li> <li>- Expressing exclusion and inclusion</li> <li>- Expressing cause and consequence</li> <li>- Expressing concern, anxiety, fear</li> </ul>	<ul style="list-style-type: none"> <li>- Waste, recycling, selective sorting</li> <li>- The verbs of civic engagement</li> <li>- Global warming</li> <li>- The fauna, the flora</li> <li>- Nominalization</li> <li>- The sea and the oceans</li> </ul>
<b>Unit 6</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- The passive form</li> <li>- Expressing certainty and doubt</li> </ul>	<ul style="list-style-type: none"> <li>- The media and the news</li> <li>- Expressions to introduce information</li> <li>- Media overconsumption</li> </ul>

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	Duration	Grammatical content	Lexical content
<b>Unit 8</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- The highlighting with what, what, what of</li> <li>- Expressing a will</li> <li>- The compound present participle</li> <li>- The conditional (reminder)</li> </ul>	<ul style="list-style-type: none"> <li>- Inequalities</li> <li>- The protest, the anger</li> <li>- Verbs to ask (wish, demand...)</li> <li>- Incivilities, incivism</li> <li>- The noise</li> <li>- Arguments, insults</li> <li>- Negative emotions</li> </ul>
<b>Unit 9</b>	6 sessions (15 hours)	<ul style="list-style-type: none"> <li>- The past conditional</li> <li>- The imaginary hypothesis in the past tense</li> <li>- Expressing the need (it is important to)</li> <li>- Expressing anteriority and posteriority (2)</li> <li>- The indefinite (Anyone / What ..)</li> <li>- The subjunctive (reminder)</li> </ul>	<ul style="list-style-type: none"> <li>- Gender, sexism</li> <li>- Colloquial language</li> <li>- Parity in politics</li> <li>- Politics and government</li> <li>- Human rights</li> <li>- Solidarity</li> <li>- Racism</li> </ul>
<b>End of level B1 assessment : Type DELF B1</b>			

**Prerequisites:** Ability to read and write in one's native language and to have acquired the A2 level (placement test before the beginning of the course).

**Weekly duration:** 5 hours per week

**Average length of a session:** 30 hours

**Number of sessions to acquire the level:** 3 to 4

**Schedule:** 9:30 a.m. to 12 p.m. or 1 p.m. to 3:30 p.m.

**Number of participants per group:** between 4 and 12

**How and when to access:**

Registration to be done 2 weeks before the start of the training.

**Location :** 2 rue Bernos, 59800 Lille

**Access :**

For people with disabilities, we will do our best to accommodate you and adapt the training methods to your needs.

**Rate:**

12 € per hour. Progressive discounts from -5 to -15% from the 2nd<sup>ème</sup> session onwards

**Methods of evaluating training objectives:**

- Individual assessment of the participant's profile, expectations and needs before the start of the training
- Evaluation of skills at the beginning and end of the training
- Assessment of knowledge at each stage of the training (via formative and summative evaluation exercises)
- Questionnaire to evaluate satisfaction at the end of the training